

PERSONAL, SOCIAL, HEALTH EDUCATION (PSHE) POLICY

We are inspired by the teachings of Jesus Christ who is at the heart of all that we do. Working in unity with our families, parish and community, we encourage and support the children to grow in faith and reach their full potential in a happy, caring and loving environment. Our PSHE teaching helps to prepare our pupils for the opportunities, responsibilities and experiences of later life.

1. AIMS

The aims of PSHE are to enable the children to develop the skills, knowledge, understanding and attitudes they need to be able to:

- 1.1 have respect for themselves and others, valuing the differences and similarities between people
- 1.2 develop good relationships with other members of the school and wider community;
- 1.3 be independent, self-disciplined and responsible members of society;
- 1.4 be positive and active members of a democratic society;
- 1.5 develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- 1.6 know and understand what constitutes a healthy lifestyle;
- 1.7 be aware of safety issues and manage risk in their own lives.

2. CURRICULUM ORGANISATION

- 2.1 Every class is taught four discreet PSHE units per year, these are
 - 'Rules, Rights, Responsibilities and the Law'
 - 'Safety First'
 - Money, Money, Money
 - Jobs People Do

Personal, Social, Health and Citizenship Education Policy Reviewed by the Curriculum Committee in: 2022 Due to be reviewed: 2025 2.2 In addition to this, the remainder of the PSHE curriculum is taught through RHE, RE and science.

- 2.3 PSHE will also be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold an additional circle-time session in response to a particular event or issue.
- 2.4 Whole school and class assemblies provide an opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement.

3. TEACHING AND LEARNING STRATEGIES

A range of teaching and learning strategies is used:

3.1 During timetabled PSHE time, an emphasis is place on active learning through planned discussions, circle-time, investigations, role-play activities, puppets, group-work and problem-solving.

3.2 All teachers will provide a safe learning environment through the establishment of clear routines and through the school 'Golden Rules' which are made explicit to the children and reinforced consistently.

- 3.3 Visiting speakers such as the Police and health workers also contribute to the taught curriculum.
- 3.4 Beyond timetabled PSHE lessons, pupils are supported in applying the skills they are learning, in real-life situations as they arise; e.g. resolving conflicts, working as part of a group on a project.
- 3.5 Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school; making class rules; recycling and composting; and by taking on roles of responsibility for themselves, for others and for the school.

4. EQUAL OPPORTUNITIES

All children have an entitlement to access the PSHE curriculum. All children will have access to appropriate resources within the school. These will reflect a multi-cultural society, without stereotyping or discrimination. All children will be given the opportunity to participate in all activities regardless of gender, race or ability.

5. COMMUNITY LINKS

Working in partnership with parents and carers and with the wider school community is an essential element of PSHE. We seek to involve parents and keep them informed through our newsletters and parents evenings. Parents are encouraged to come into school whenever they have any concerns or anything they would like to discuss with us. We foster links with the wider community through various activities such as our relationship with our parish Church of the Immaculate Conception and our Christmas visits to the Old People's Home.

7. ASSESSMENT, REPORTING AND RECORDING

Assessment is an integral part of teaching and learning. Its purpose is to highlight success and achievement, as well as identifying areas that need further support. Inline with the rest of our curriculum, children will be assessed against key objectives for each unit of work. This information will then be used to inform future planning.

8. SUBJECT REVIEW AND MONITORING

The PSHE subject lead is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE, by passing on information and ideas, and delivering staff training as appropriate. We also hold regular staff meetings to discuss current issues and to make staff aware of new initiatives, practices and resources.

9. LINKS WITH OTHER POLICIES

This policy links particularly to the following policies: RHE; RE; Confidentiality; Drug Education; Safeguarding Pupils; Policy for Promoting Positive Behaviour; Anti-Bullying.

Signed:	(Mr C. Hartley, Chair of Governors)
	(Miss P Pickering, Headteacher)
	(Miss L Grant, PSHE Leader)