



## ANTI-BULLYING POLICY

### INTRODUCTION

At St Mary's we see bullying as:-

- A systematic and extended victimisation of a person or group by another or group of others
- When a child is repeatedly singled out to be 'picked on' either physically or verbally
- Where the actions are deliberate and sustained,
- When the focus is on one child
- When the intention is to hurt, isolate or humiliate an individual
- When the actions are designed to be kept secret
- When the actions are unprovoked

We do not consider bullying to be:-

- An isolated incident
- A falling out
- A 'one off' disagreement

We see bullying as a shared problem. We encourage all members of our school community to recognise bullying, acknowledge its unacceptability and report it.

### AIMS AND OBJECTIVES

Bullying is wrong and damages individual children. We therefore do all we can to prevent it, by developing a school ethos in which bullying is regarded as unacceptable. We aim, as a school, to produce a safe and secure environment where all can learn without anxiety.

This policy aims to produce a consistent school response to any bullying incidents that may occur. We aim to make all those connected with the school aware of our opposition to bullying, and we make clear each person's responsibilities with regard to the prevention of bullying in our school.

*Anti Bullying Policy*

*Reviewed by the Full Governing Body in: October 2023*

*Due to be reviewed: October 2025*

## **PREVENTION – Stopping bullying happening**

It is the responsibility of all within the school to maintain the ethos and discipline codes which have been agreed. Pupils need good models from adults, from which they may develop their own self-discipline. We are committed to:

- Focusing on what is going well,
- Giving plenty of praise (but avoid overdoing this – it needs to keep its value)
- Making clear that it is the behaviour we do not want – not the child,
- Drawing attention to good behaviour,
- Giving clear and regular reminders of what is expected,
- Teaching good behaviour / manners through own conduct,
- Setting an example ourselves, in dress, manner, courtesy and care.

Similarly, we expect all adults to treat one another with respect so that appropriate models of behaviour are recognised by the children. If an adult feels bullied by another: parent, staff or governor, this should be immediately reported to the Head Teacher.

Strategies for preventing bullying include:

1. All staff will make pupils aware of the problems that can be caused by bullying. This is to be achieved through:
  - whole class discussion,
  - group discussions and,
  - talking to individuals.
2. The theme of bullying is integrated into circle time through the PSHE Curriculum using the Social and Emotional Aspects of Learning (SEAL) documentation.
3. Peer mediators are trained in Year 5 and Year 6 to help with minor playground issues in order to avoid small problems growing into larger ones.
4. We deal specifically with the issue of bullying through our Social and Emotional Aspect of Learning lessons, in particular the unit entitled “Say No to Bullying.”
5. All accessible areas of the school, such as cloakrooms, are supervised at the start and end of each day and at the start and end of break times so as to minimise the possibility of bullying occurring.
6. Class rules are established at the beginning of the school year which promote positive behaviour and agree class expectations. These rules are regularly referred to throughout the year.

7. Cyber-bullying is discouraged through our Internet Usage policy, which states that children should not access Chat Rooms in school or the Internet without an adult being present. Children are not allowed to be in possession of mobile phones during the school day.

## **STRATEGIES FOR DEALING WITH BULLYING – Keeping Children Safe**

It should be remembered that the whole purpose of any action taken by staff against bullies is to enable all pupils to come to school and to enjoy a happy and secure environment. Parents, pupils and staff should be left in no doubt that bullying, in all its forms, will not be tolerated.

1. All staff watch out for early signs of distress, which may include deterioration of work, unexplained illness, isolation, the desire to remain with adults and erratic attendance.
2. Staff understand that whilst these behaviours may be symptomatic of other problems, they may be early signs of bullying.

If bullying does occur

- Pupils are encouraged to find the help of an adult they trust and to stay where there are plenty of other pupils about and where an adult can see them.
- In the first instance, staff will deal with incidents of bullying in the classroom and then report instances of bullying to the Senior Leadership Team who will take action where deemed necessary. This may include discussing with the whole staff or an individual teacher, establishing additional strategies to overcome the difficulties caused by bullying and discussing with those pupils
- involved within a peer group support approach.
- Pupils who are bullying will be made aware that their actions are making other pupils unhappy in coming to school and that this goes against our school's mission and the school rules.
- Pupils who have bullied need to know that these actions are not tolerated and should find ways to make amends through negotiation and discussion with the staff of the school.

If bullying persists:

- The bully, or groups of bullies, will be withdrawn from the playground or classroom for a period of time and their parents will be informed of the action that has been taken.
- Their behaviour will be monitored for a period of time so as to enable the school and home to work together to overcome problems.

- Ultimately, an exclusion from school may be given if the bullying behaviour does not stop – in line with the school’s exclusions policy.

## **THE ROLE OF GOVERNORS**

The governing body supports the Head Teacher in all attempts to eliminate bullying from our school. This policy statement makes it very clear that the governing body does not allow bullying to take place in our school, and that any incidents of bullying that do occur are taken very seriously and dealt with appropriately.

The governing body monitors the incidents of bullying that occur, and reviews the effectiveness of the school policy regularly. The governors require the Head Teacher to keep accurate records of all incidents of bullying and to report to the governors on request about the effectiveness of school anti-bullying strategies.

## **THE ROLE OF THE HEADTEACHER**

It is the responsibility of the head teacher to implement the school anti-bullying strategy and to ensure that all staff (both teaching and non-teaching) are aware of the school policy and know how to deal with incidents of bullying.

The Head Teacher reports to the governing body about the effectiveness of the anti-bullying policy on request.

The Head Teacher ensures that all children know that bullying is wrong, and that it is unacceptable behaviour in this school.

The Head Teacher draws the attention of children to this fact at suitable moments. The Head Teacher ensures that all staff receive sufficient training to be equipped to deal with all incidents of bullying.

The Head Teacher sets the school climate of mutual support and praise for success, so making bullying less likely. When children feel they are important and belong to a friendly and welcoming school, bullying is far less likely to be part of their behaviour.

## **THE ROLE OF THE TEACHER**

Teachers attempt to support all children in their class and to establish a climate of trust and respect for all. By praising, rewarding and celebrating the success of all children, we aim to prevent incidents of bullying.

Classroom staff in our school take all forms of bullying seriously, and intervene to prevent incidents from taking place.

If adults witness an act of bullying, they do all they can to support the child who is being bullied. If a child is being bullied then after consultation with the HeadTeacher, the class teacher informs the child’s parents.

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If adults become aware of any bullying taking place between members of a class, they deal with the issue immediately. This may involve counselling and support for the victim of the bullying through the peer support group approach, and sanctions for the child who has been carrying out the bullying.

We spend time talking to the child who has bullied: we explain why the action of the child was wrong, and we endeavour to help the child change their behaviour in future.

If a child is repeatedly involved in bullying other children, the Head Teacher is informed. The child's parents are invited into school to discuss the situation.

In more extreme cases, for example where these initial discussions have proven ineffective, the Head Teacher may need to contact external support agencies.

## **THE ROLE OF PARENTS**

Parents, who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately.

Parents have a responsibility to support the school's anti-bullying policy and to actively encourage their child to be a positive member of the school.

Parents do not have the right to request that a bully be excluded from the school.

## **MONITORING AND REVIEW**

This policy is monitored on a day-to-day basis by the Head Teacher, who reports to governors about the effectiveness of the policy on request.